

SA Equipped Powerlifting Championships

12 April 2025

AGE GROUP	Province	DIV	NAME & SURNAME	LOT NO	BODY WEIGHT	SQUAT						BENCH PRESS						DEAD LIFT						TOTAL (kg)	IPF GL Pts.	POSITION	INCENTIVE BADGE
						1ST	2ND	3RD	1ST	2ND	3RD	1ST	2ND	3RD	1ST	2ND	3RD										
Sub Junior	EC	69	Stephene Loubser	16	67,50	100,0	+	120,0	-	120,0	-	70,0	-	72,5	+	77,5	-	120,0	+	130,0	+	135,0	+	307,5	53,46	First	Blue
Junior	G	63	Mijuane de Wet	17	61,60	160,0	+	-	-	85,0	+	92,5	+	100,0	-	150,0	+	170,0	+	-	-	-	-	422,5	77,27	First	Elite 1
Junior	EC	63	Lu-Tay Louis	14	62,50	60,0	+	65,0	+	70,0	+	35,0	+	40,0	-	40,0	+	100,0	+	110,0	+	120,0	+	230,0	41,71	Second	Orange
Junior	EC	69	Chante Mulder	10	67,90	130,0	+	137,5	-	137,5	-	82,5	+	90,0	+	92,5	-	120,0	+	135,0	+	137,5	-	355,0	61,53	First	Black
Open	G	52	Carol Anthony	6	51,50	100,0	+	110,0	+	117,5	-	40,0	+	50,0	+	55,0	-	110,0	+	120,0	+	125,0	+	285,0	58,43	First	Black
Open	G	63	Mijuane de Wet	17	61,60	160,0	+	-	-	85,0	+	92,5	+	100,0	-	150,0	+	170,0	+	-	-	-	-	422,5	77,27	First	Elite 1
Open	G	76	Lize-Mari de Beer	3	75,30	107,5	+	112,5	+	115,0	-	75,0	+	80,0	-	80,0	-	120,0	+	122,5	+	125,0	+	312,5	51,49	First	Blue
Master 1	G	76	Chantelle du Toit	2	75,80	135,0	+	150,0	+	153,0	-	60,0	+	65,0	+	100,0	+	115,0	+	125,0	+	135,0	+	385,0	63,25	First	Black
Master 2	G	52	Carol Anthony	6	51,50	100,0	+	110,0	+	117,5	-	40,0	+	50,0	+	55,0	-	110,0	+	120,0	+	125,0	+	285,0	58,43	First	Black
Master 2	EC	52	Elisabeth Barry	5	51,40	70,0	+	80,0	+	85,0	+	40,0	+	42,5	+	45,0	+	92,0	+	100,0	+	-	-	230,0	47,22	Second	Blue
Master 2	G	69	Laura de Wet	18	68,40	145,0	+	155,0	+	175,0	+	65,0	+	80,0	+	85,0	+	150,0	+	170,0	+	180,0	+	440,0	75,98	First	Gold
Master 3	G	69	Heather Leighton	1	68,30	85,0	+	90,0	+	95,5	+	65,0	-	65,0	-	65,0	+	97,5	+	108,5	+	110,5	+	271,0	46,83	First	Green

SA Records

Overall Sub Junior	Stephene Loubser
Overall Junior	Mijuane de Wet
Overall Open	Mijuane de Wet
Overall Master 1	Chantelle du Toit
Overall Master 2	Laura de Wet
Overall Master 3	Heather Leighton